



A G E N D A

Basic Mountain Training Winter Course (BMTWC)

**Colonel Besik Kutateladze Sachkhere Mountain Training School
NATO/Partnership Training and Education Centre, Georgia**

The Program aims to train course attendees in basic mountain techniques and military mountaineering as well as in proper maintenance and use of mountain equipment, mountain technical and military skiing techniques.

Course graduates will be able to define the main issues, skills and directions that will enable them to operate in high mountain effectively. They will also develop the skills that will promote their self-development and enhance their knowledge.

Course graduates will be able to overcome and make the best use of natural obstacles and other difficulties during combat and drills.

Upon successful completion of the course, graduates will be given corresponding certificates and decorations (badge).

To achieve desired learning outcome for trainees, requirements for admission to the program are transparent and ensure inclusion of qualified people with relevant knowledge, skills and values into the program.

Eligible candidates must meet appropriate physical training and medical requirements. NATO and Partner countries' military personnel must have English language proficiency levels of 2/2/1/1 (STANAG 6001).

Basic Mountain Training Winter Course Schedule

Training Week 1

Day 1, Saturday		
Arrival at Sachkhere Mountain Training and Education Centre.		
Registration		
Day 2, Sunday		
<i>Depart to BAKURIANI, accommodate and get ready for the course</i>		
Day 3, Monday		
09:00 – 10:00	Familiarization and fitting/adjustment of mountain equipment	Practical
10:00 – 14:00	Learning how to stand on ski	Practical
14:00 – 15:00	Lunch	
15:00 – 16:00	Conference: Rescue and mountain pathologies	Theoretical
16:00 – 18:00	Conference: Snow and avalanche types / instructions of skiing at the ski routes	Theoretical
Day 4, Tuesday		
09:00 – 14:00	Basic rules of skiing	Practical

***Lunch according to schedule**

14:00 – 15:00	Lunch	
15:00 – 17:00	Using ARVA- a tool for searching a person trapped under the avalanche	Practical
17:00 – 18:00	Backpack Kit	Practical
Day 5, Wednesday		
09:00 – 14:00	Basic Rules of skiing	Practical
14:00 – 16:00	Making turns on uneven terrain	Practical
16:00 – 17:00	Lunch	
17:00 – 18:00	Taking care of the skis	Practical
Day 6, Thursday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:00	Using UT-2000 for evacuation of the injured	Practical
17:00 – 18:00	Moving and deployment in the mountain	Theoretical
Day 7, Friday		
09:00 – 14:00	Movement +600 m ascent + building a shelter in the snow (IGLOO)	Practical
14:00 – 15:00	Lunch	
15:00 – 18:00	Building anchor points in the snow	Practical
Day 8, Saturday		
Cultural tour hosted by MOD of Georgia		
Day 9, Sunday		
<i>Day off</i>		

Training Week 2

Day 10, Monday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 16:00	Making turns on uneven terrain	Practical
16:00 – 18:00	Rules of using searching stick (Probe)	Practical
Day 11, Tuesday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 17:00	Passing Arranged path obstacle(APO)	Practical
17:00 – 18:00	Building anchor points in snow	Practical
Day 12, Wednesday		
09:00 – 14:00	Movement +1200 m. ascent with 10 kg. load +2 L. of water. Pretest introductory march	Practical
14:00 – 15:00	Lunch	
16:00 – 18:00	Test: ARVA- a tool for searching a person trapped under the avalanche	Practical
Day 13, Thursday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	

***Lunch according to schedule**

16:00 – 18:00	Building anchor points in snow	Practical
Day 14, Friday		
09:00 – 14:00	Movement +600 m ascent and staying there overnight	Practical
15:00 – 18:00	Test: Building a shelter in the snow	Practical
Day 15, Saturday		
08:00 – 14:00	Movement +400 m ascent	
Day 16, Sunday		
Day-off		

Training Week 3

Day 17, Monday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 18:00	ARVA- a tool for searching a person trapped under the avalanche	Practical
Day 18, Tuesday		
09:00 – 14:00	Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 18:00	Making turns on uneven terrain	Practical
Day 19, Wednesday		
09:00 – 14:00	Test: Technical skiing	Practical
14:00 – 15:00	Lunch	
15:00 – 18:00	Final Test: Making turns on uneven terrain	Practical
Day 20, Thursday		
09:00 – 16:00	Final Test: Movement +1200 m. ascent with 12 kg. load +2 L. of water.	Practical
Day 21, Friday		
Return to the dislocation position and settle the administrative issues		
12:00	Course graduation ceremony	

NOTE: Schedule might be changed due to the weather forecast

***Lunch according to schedule**