



## A G E N D A

### Basic Mountain Training Summer Course (BMTSC)

**Colonel Besik Kutateladze Sachkhere Mountain Training School  
NATO/Partnership Training and Education Centre, Georgia**

The Program aims to train course attendees in basic mountain techniques and military mountaineering as well as in proper maintenance and use of mountain equipment.

Course graduates will be able to define the main issues, skills and directions that will enable them to operate in high mountain effectively. They will also develop the skills that will help them to self develop and enhance their knowledge.

Course graduates will be able to overcome and make the best use of natural obstacles and other difficulties during combat and drills.

Upon successful completion of the course, graduates will be given corresponding certificates and decorations (badge).

To achieve desired learning outcome for trainees, requirements for admission to the program are transparent and ensure inclusion of qualified people with relevant knowledge, skills and values into the program.

Eligible candidates must meet appropriate physical training and medical requirements. NATO and Partner countries' military personnel must have English language proficiency levels of 2/2/1/1 (STANAG 6001).

## Basic Mountain Training Summer Course Schedule

*Training Week 1*

<i>Day 1 , Monday</i>		
09:00 – 11:00	Course opening, introduction to the instructors and brief overview of the course	Practical
11:00 – 13:00	Familiarization and fitting/adjustment of mountain equipment.	Practical
13:00-14:00	Lunch	
14:00 – 17:00	Learn how to use mountain equipment and tie knots	Theoretical
<i>Day 2 , Tuesday</i>		
09:00 – 10:00	Conference: Movement and disposition in the mountain	Theoretical
10:00 – 11:00	Conference: Introducing overnight march and test march	Theoretical
11:00 – 13:00	Learn knots and use equipment	Practical
13:00 – 14:00	Lunch	
14:00 – 17:00	Learn belay and descending techniques	Practical
<i>Day 3 , Wednesday</i>		
09:00 – 13:00	Introduction to rock climbing on artificial rock	Practical
13:00 –14:00	Lunch	Practical
14:00 – 17:00	Overcome the obstacle path and descend	
<i>Day 4 , Thursday</i>		
09:00 – 11:00	Introduction to rock climbing on natural rock	Practical

**\*Lunch according to schedule**

11:00 – 13:00	Overcome the obstacle path and descend	Practical
14:00 – 15:00	Lunch	
15:00 – 16:00	Means of evacuation and instructions for using them (UT-2000)	Practical
16:00 – 17:00	Learn how to tie knots and use mountain equipment	Practical
<b>Day 5, Friday</b>		
09:00 – 12:00	Rock climbing	Practical
<b>Day 6, Saturday</b>		
<b>Cultural event</b>		
<b>Day 7, Sunday</b>		
<b>Day off</b>		

### **Training Week 2**

<b>Day 8, Monday</b>		
09:00 – 11:00	Rock climbing	Practical
11:00 – 13:00	Climbing on the fixed rope	Practical
13:00 – 14:00	Lunch	
14:00 – 17:00	Abseiling	Practical
<b>Day 9, Tuesday</b>		
09:00 – 13:00	Overcome the obstacle path and descend	Practical
13:00 – 14:00	Lunch	
14:00 – 17:00	Climbing on a fixed rope	Practical
<b>Day 10, Wednesday</b>		
09:00 – 11:00	Rock climbing	Practical
11:00 – 13:00	<b>Test:</b> knots	Practical
14:00 – 15:00	Lunch	
15:00 – 17:00	Crossing the river	Practical
<b>Day 11, Thursday</b>		
09:00 – 13:00	Movement: +1000 m. ascent	Practical
13:00 – 14:00	Lunch	
14:00 – 18:00	Getting ready for spending the night using the needed gear	Practical
18:00 – 08:00	Spending a night in tents	Practical
<b>Day 12, Friday</b>		
09:00 – 11:00	Getting ready for moving and going to the mountains	Practical
11:00 – 12:00	Collective rescue, organize evacuation	Practical
12:00 – 13:00	Abseiling /crossing over the river	Practical
<b>Day 13, Saturday</b>		
<b>Day-off</b>		
<b>Day 14, Sunday</b>		
<b>Day-off</b>		

### **Training Week 3**

<b>Day 15, Monday</b>		
09:00 – 13:00	Movement: introduction (pre-test) march with 10kg. of load +2L of water	Practical

**\*Lunch according to schedule**

13:00 – 14:00	Lunch	
14:00 – 17:00	Climbing on a fixed rope	Practical
<b><i>Day 16, Tuesday</i></b>		
09:00 – 13:00	Getting ready for the test(rock climbing, ascending on the fixed rope, abseiling)	Practical
13:00 – 14:00	Lunch	
14:00 – 17:00	<b>Test:</b> climbing on a fixed rope	Practical
<b><i>Day 17, Wednesday</i></b>		
09:00 – 13:00	<b>Midterm Test:</b> Rock climbing	Practical
13:00 – 14:00	Lunch	
14:00 – 17:00	<b>Test:</b> Abseiling	Practical
<b><i>Day 18, Thursday</i></b>		
07:00 – 13:00	<b>Final Test:</b> Physical training: 12 kg. load + 2L of water	Practical
<b><i>Day 19, Friday</i></b>		
<b><i>Course graduation ceremony</i></b>		

**NOTE: Schedule might be changed due to the weather forecast**

**\*Lunch according to schedule**